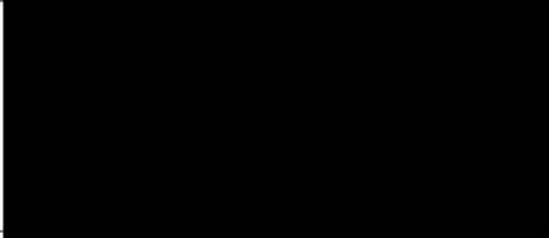


**IN THE MATTER OF THE ROYAL COMMISSION
INTO FAMILY VIOLENCE**

ATTACHMENT AR-7 TO STATEMENT OF ANDREW REAPER

Date of document: 17 July 2015
Filed on behalf of: the Applicant
Prepared by:
Victorian Government Solicitor's Office
Level 33
80 Collins Street
Melbourne VIC 3000



This is the attachment marked 'AR-7' produced and shown to **ANDREW REAPER** at the time of signing his Statement on 17 July 2015.

Before me:



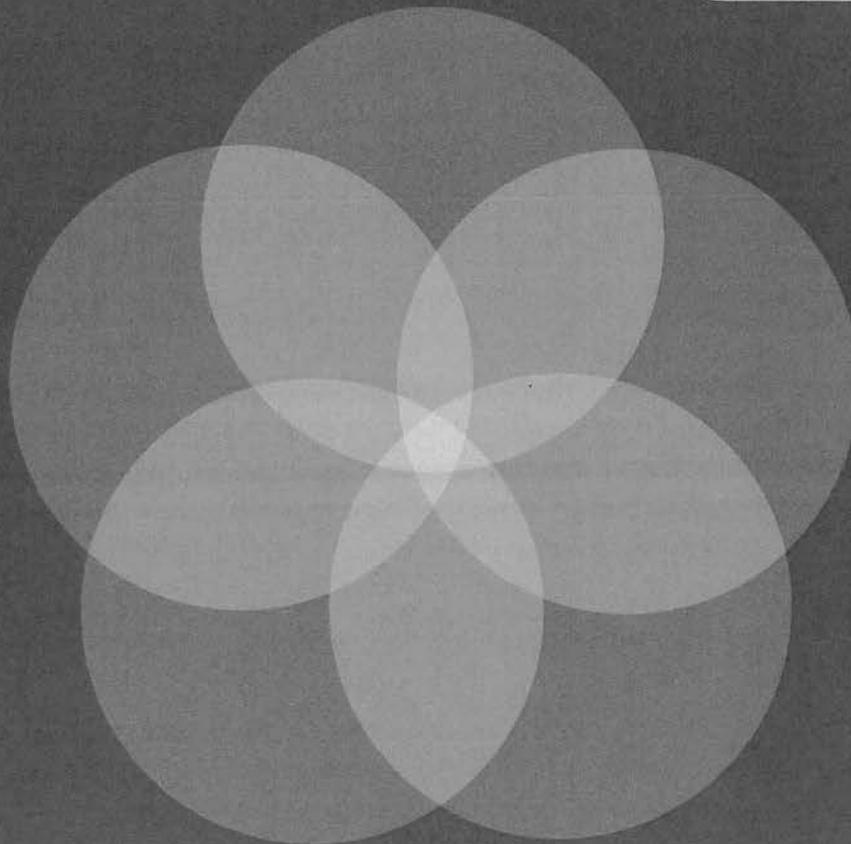
**An Australian Legal Practitioner within
the meaning of the Legal Profession Uniform Law (Victoria)**

Attachment AR-7

Offending Behaviour Programs Branch Program Suite

April 2015

Department of Justice & Regulation



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1 Scope

The following document describes Offending Behaviour Programs delivered under the auspice of the Offending Behaviour Programs Branch. This includes the following program areas:

- Regional Offending Behaviour programs delivered across Victoria's Public Prisons & Community Correctional Services
- Women's programs delivered under the banner of the Targeted Women's Correctional Response
- Transition and Reintegration programs
- Offending Behaviour Programs delivered in Victoria's Private Prisons

The suite presented excludes:

- Programs directly contracted by prison locations
- Programs contracted by Justice Health
- Sex Offender Programs
- Disability Pathways Unit Programs
- Employment and Education Programs

Program types are categorised into one of the following program types:

- Offending Behaviour Programs – Remand Prisoners
- Offending Behaviour Programs – Sentenced Prisoners and Community Correctional Services
- Personal Development
- Transition Programs

2 Offending Behaviour Programs Suite

2.1 OBP – Remand Prisoners

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Coping with Change (CWC)	CWC is offered to new receptions that may experience adjustment distress. Distress is often related to areas such as: adjustment to the prison environment, separation, withdrawal from substances and medications, sleep, and learning to cope without access to AOD.	2 hrs	Internal Delivery	Remandees – (first time imprisonment, in particular) Voluntary participation	Offence Related – Psycho -educational/ skills-based
Coping Inside	Specifically designed for delivery in front-end remand locations, the series consists of four two-hour programs addressing Managing Emotions, Managing Loss, Managing Worry and Managing Sleep.	2 hrs (each program)	Internal Delivery	Remandees Voluntary participation	Offence Related Psycho -educational/ skills-based
Mood Management	Provides participants with an overview of how their thoughts and feelings influence their behaviour. Provides an opportunity to learn how to more effectively recognise, assess and manage emotions and the impact they have on behaviour. It is offered to prisoners who experience difficulty managing strong emotions such as anger, grief, sadness and anxiety.	12 hrs Delivered over 4 sessions	Internal Delivery	Remandees Voluntary participation	Offence Related Psycho -educational/ skills-based
Anger Management	A skills based program that introduces participants to the concept of anger-management, including how to reduce their anger arousal and improve their anger control. Participants develop alternative strategies for controlling and expressing anger and there is an emphasis on self-monitoring, learning to recognise and manage anger-producing thoughts and beliefs, effective communication, time-out processes, managing strong emotion, and coping skills.	15 hrs 3 hr sessions Delivered over 5 sessions	Internal Delivery	Remandees Voluntary participation	Offence Related Psycho -educational/ skills-based
Problem Solving	A skills-based psycho-educational module to assist in prisoner's preparation for release and/or ongoing functioning in prison. The module focuses on problem solving skill development and ongoing self-management.	3 hrs	Internal Delivery	Remandees Voluntary participation	Offence Related Psycho -educational/ skills-based

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Communication Skills	A skills-based psycho-educational module to assist in prisoner's preparation for release and/or ongoing functioning in prison. The module focuses on communication skill development and ongoing self-management.	3 hrs	Internal Delivery	Remandees Voluntary participation	Offence Related Psycho-educational/skills-based
Conflict Management	A skills-based psycho-educational module to assist in prisoner's preparation for release and/or ongoing functioning in the prison. The module focuses on conflict management skill development and ongoing self-management.	3 hrs	Internal Delivery	Remandees	Offence Related Psycho-educational/skills-based

2.2 OBP – Sentenced Prisoners and Community Correctional Services

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Moderate Violence Intervention Program (VIP)	An offence specific program which targets a range of criminogenic needs and risk factors related to violent offending. These include emotional regulation, thoughts and beliefs, offence mapping, victim empathy, and goal setting, in order to better regulate affective responses and behavioural outcomes. The program examines why participants use violence, assists them to develop skills to manage their violent behaviour and in doing so helps them reduce their chance of re-offending.	82.5hrs 33 sessions 2.5 hr sessions twice per week Delivered over approximately 5 months	Internal Delivery	Prisoners convicted of violent offences who are moderate to high risk of reoffending as determined by the VRS	Offence specific – Clinical Intensive
High- Violence Intervention Program (VIP)	An offence specific program which targets a range of criminogenic needs and risk factors related to violent offending. These include emotional regulation, thoughts and beliefs, offence mapping, victim empathy, and goal setting, in order to better regulate affective responses and behavioural outcomes. The program examines why participants use violence, assists them to develop skills to manage their violent behaviour and in doing so helps them reduce their chance of re-offending.	155–300hrs 62–86 sessions 2.5 hr sessions 2–3 per week Delivered over approximately 6 months	Internal Delivery	Prisoners convicted of violent offences who are moderate to high risk of reoffending as determined by the VRS	Offence specific – Clinical Intensive

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Making Choices (Male & Female)	<p>Targets a range of dynamic risk factors related to general reoffending that are associated with reducing the risk of reoffending. Treatment targets include motivation to change offending behaviour, violence propensity and anger dysfunction, offence related recognitions, criminal attitudes and associates, impulsivity and risk taking, emotional regulation, problem solving, managing relationships and interpersonal skills, and distress tolerance.</p> <p>Secondary treatment targets include increased insight into offence cycles, improved relationships and an understanding of relapse prevention and self-management.</p>	<p>Men 100 hrs 40 sessions 2.5 hr sessions 3 per week</p> <p>Delivered over approximately 14 weeks</p> <p>Women 105 hrs 42 sessions 2.5 hr sessions</p> <p>Delivered over approximately 14 weeks</p>	Internal Delivery	Prisoners identified as moderate or high risk of reoffending on the VISAT/LS/RNR	Offence specific – Clinical Intensive
Substance Use and Violence Module	This module is offered to participants who have a direct link between their substance use and violent behaviour. Participants will have already completed the core modules of the HI-VIP or another intensive intervention before participating in this module.	<p>22.5 hrs 9 sessions 2.5 hr sessions 2 per week</p> <p>Delivered over approximately 5 weeks</p>	Internal Delivery	Prisoners who have completed the HVIP or another intensive intervention and who's violent offending is related substance use.	Offence specific – Clinical Intensive
Interpersonal Relationships Module	This module is offered to participants who have difficulties in their interpersonal relationships. It is offered to participants engaged in the HI-VIP and as a standalone program for participants who would benefit from an interpersonal relationships program.	<p>37.5 hrs 15 sessions 2.5 hr sessions 2 per week</p> <p>Delivered over approximately 8 weeks</p>	Internal Delivery	Prisoners who have completed the HVIP and would benefit from an interpersonal relationships program	Offence specific – Clinical Intensive

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Real Understanding of Self Help (RUSH)*	RUSH is an offence-related program that focuses on the development of emotional regulation skills. It is suitable for offenders who have difficulty managing their emotions, resulting in substance use, mental health issues, behavioural issues, Suicide and Self Harm (SASH), or poor relationships.	40 hrs 20 sessions 2 hr sessions 2 per week Delivered over 10 weeks	Internal Delivery	Prisoners with a diagnosis of Borderline Personality Disorder or a history of suicidal and/or self harming behaviour	Psycho-educational/skill-based
Letting Go and Getting On (LEGGO)	LEGGO is a program designed to assist prisoners/offenders to develop skills for managing simple grief and loss in a custodial environment.	20 hrs 5-10 sessions 2 hr sessions Delivered as required	Internal Delivery	Prisoners suffering from grief and loss relating to the death of a loved one or loss or break-up of a relationship	Clinical
Psych- Ed (Male & Female)*	Psych-Ed is a skills based program that focuses on skill acquisition in the areas of problem solving, interpersonal relationships and emotional regulation. The Program aims to provide practical skills in problem solving, identifying and managing emotions, effective communication, conflict management and self & relationship management.	Men 35 hrs 14 sessions 2.5 hr sessions Delivered over approximately 8 weeks Women 40 hrs 16 sessions 2.5 hr sessions Delivered over approximately 8 weeks	Men External Delivery Women Internal Delivery	Male offenders assessed as moderate risk of general offending on the VISAT/LS/RNR with an OBP or treatment / rehabilitation condition on their Order	Psycho-educational/skill-based

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Problem Behaviour Program (PBP)	<p>Provides specialist, intensive psychological and psychiatric assessment and treatment for offenders who have problem behaviour associate with offending.</p> <p>The program services offenders on an individual basis, treating those with high risk problem behaviours and may also present with mental illness.</p>	Determined on an individual basis.	Contractor – Forensicare	<p>Offenders who have an OBP or treatment / rehabilitation condition on their Order and engaged in one or more problem behaviours including:</p> <p>Serious psychical violence Stalking Threats to kill Adult sexual assault and rape Paedophilia Other problematic sexual behaviour related to offending Collection and possession of child pornography Fire-setting Querulous (vexatious) complaints</p>	Individual psychological and psychiatric assessment and treatment.
Maintaining Change	<p>Maintaining Change aims to further develop and enhance treatment gains acquired through previous OBP interventions to maximise positive behaviour change.</p> <p>Treatment targets include offender awareness of issues that support offending behaviour, individual risk factors and understanding of relapse prevention and self-management.</p>	<p>25–32.5 hrs 10–13 sessions 2.5 hr sessions 1 per week</p> <p>Delivered over approximately 10 weeks</p>	Internal Delivery	<p>Offenders who are identified on VISAT/ LS/RNR as high or moderate risk of general reoffending</p> <p>Have a relevant treatment & rehabilitation condition on their Community Correction Order and</p> <p>Have previously completed an intensive OBP.</p>	Clinical

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
See Change (Male & Female)	<p>An offence related program which targets a range of criminogenic factors associated with violent offending.</p> <p>The purpose of the See Change Program is to assist prisoners and community based offenders to desist from violent offending.</p>	<p>Men 55 hrs 22 sessions 2.5 hr sessions 2-4 per week</p> <p>Women 55 hrs 6 pre work sessions 16 sessions 2.5 hr sessions</p>	Internal Delivery	<p>Prisoners and community based offenders identified as moderate or high risk of reoffending for violence</p> <p>Ready and consent to participate in the program</p>	Offence Related
U - Turn	This program is designed for those offenders who experience significant barriers to engagement in offending behaviour programs, including those who are disruptive or display other treatment-interfering behaviours. The program has an explicit focus on engaging offenders, before program content is delivered.	<p>46 hrs 23 sessions 2 hr sessions 1-2 per week</p>	Internal Delivery	<p>Male and female prisoners</p> <p>Moderate or high risk of reoffending as identified on LS/RNR and VRS</p> <p>Ready and consent to participate in the program</p>	Offence Related
Talking Change	<p>The Talking Change Program (TCP) is a treatment readiness/motivation program, which aims to promote higher levels of engagement in subsequent offending behaviour programs if used as a pre-cursor to those programs.</p> <p>The program can be offered to remandees where the focus will be on 'behaviour change' rather than 'offending' behaviour.</p>	<p>12.5 hrs 5 sessions 2.5 hr sessions 2-3 per week</p>	Internal Delivery	<p>Male and female offenders</p> <p>May be on remand or sentenced or community based identified as moderate or high risk of reoffending as identified on LS/RNR and VRS.</p> <p>Requiring readiness work for program engagement</p> <p>Ready and consent to participate in the program</p>	Offence Related
Family Violence Program	An offence related program which targets a range of criminogenic factors associated with family violence. The purpose of the Family Violence program is to assist prisoners and community based offenders to desist from family violence.	<p>57.5 hrs 25 sessions 2x1 hr sessions 2x1.5 hr sessions 21x2.5 hr sessions</p>	Internal Delivery	<p>Moderate and high risk prisoners/offenders as identified on SARA and /or LS/RNR.</p> <p>Ready and consent to participate</p>	Offence Related

* These programs can be provided at the Private Prisons if there is an identified need.

3 Transition Programs

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Reception Transition Triage	The Reception Transition Triage (RTT) takes place on entry to prison to identify and address immediate transitional needs that without intervention would escalate or compound. Transitional needs identified at this stage trigger a referral to a range of services and the establishment of an Individual Transition Plan	On entry to prison	Internal Delivery	All sentenced and unsentenced prisoners	Transition
Case Planning Transition	The Case Planning Transition (CPT) builds on identifying transitional issues identified through the RTT. Supports for transitional needs identified through the CPT are largely facilitated through referrals to services within the prison or incoming services from external agencies.	Four weeks after arriving at classified location.	Internal Delivery	All unsentenced prisoners and sentenced prisoners serving more than 18 months	Transition
General Pre-Release Program	The General Pre-Release Program (GPRP) is the internally delivered pre release program. The GPRP includes an assessment of each prisoner's transitional needs and participation in referrals and general information sessions as indicated in that assessment. There are a number of service areas of the GPRP, including Centrelink, Housing and Drug and Alcohol.	Within 18 months of EED or EDD, or Post reception transition triage for prisoners serving sentences of 18 months or less	Internal Delivery	All sentenced prisoners	Transition

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
VACRO Pre-Release Program	Delivered by VACRO, this program is a service which aims to provide practical advice and tailored transitional support through group and individually delivered services.	12 months from Earliest Eligibility Date (EED), parolees) or Earliest Discharge Date (EDD) (straight release).	External Delivery – VACRO	100% sentenced prisoners with twelve (12) months sentence or more 100% parolees 100% high needs straight release Serious Violent or Sex Offenders SVOSOs 100% women prisoners 100% Aboriginal and Torres Strait Islander (ATSI) prisoners	Transition
Remand Release Assistance Program (RRAP)	RRAP is a pre-release program available to remand prisoners who are identified as potentially suitable for court discharge. The program aims to equip individuals with information about relevant support services that may be able to assist in the event of the prisoner being discharged into the community from court.	30 minutes to 1 hr	Internal Delivery	Remand prisoners identified as suitable for consideration of court release	Group Information
Corrections Victoria Reintegration Program	The Corrections Victoria Reintegration Program (CVRP) provides reintegration support for eligible prisoners in custody to continue to support their individual and complex transitional needs in the community. The CVRP is designed to provide a responsive, tailored and flexible assertive outreach support through the provision of two service streams: Targeted Reintegration Stream – up to four (4) weeks. Extended Reintegration Stream – up to twelve (12) months.	Up to 12 months	External Delivery – Jesuit Social Services VACRO ACSO VALS	100% of prisoners participating in the Corrections Victoria Contracted Pre-release Individual Program High needs parolees – (SVOSOs) on parole High needs straight-release SVOSOs prisoners 100% Sentenced Aboriginal and Torres Strait Islander (ATSI) prisoners 100% female sentenced prisoners	Transition

4 Cultural Programs

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Koori Cognitive Skills	An adaptation of James McGuire's offence-focused problem solving program, the Cognitive Skills Program (CSP). The adaptation focuses on culturally relevant approaches and non-authoritative/didactic exercises. Much of the adaptation can be found in the exercises and examples which utilise indigenous concepts and symbols such as talking sticks, shields, baskets and burning ceremonies. Attention has been shifted away from written work, directed instead to the use of colour and story or role playing. An indigenous co-facilitator is vital to the success of this program in order to provide cultural integrity.		External Delivery	Aboriginal offenders on a Community Corrections order	Psycho-educational/skills based
Aboriginal Cultural Immersion Program	An intensive week-long program that encourages Aboriginal prisoners and offenders to connect with their culture through an awareness of history and events. The program assists them to strengthen their identity and promotes the confidence to re-examine their responsibilities to self, others and the community.	4 days Approximately 6 hr sessions Delivered in one week	Contractor – Kellwan Pty Ltd	Identified Aboriginal prisoners	Personal Development
Marumali	An intensive week-long program that focuses on healing long-standing trauma and loss associated with stolen generation issues, such as the enforced removal of children from families, and the impact of trauma on education, employment and health.	40 hrs 8 hr sessions, Delivered over one week	Contractor – Winangali	Identified Aboriginal prisoners	Personal Development
Koorie Faces	The program is a family strengthening program that aims to build on and increase the confidence in parents, carers and families of Aboriginal children, with an emphasis on an increased understanding and knowledge of self, Aboriginal culture and parenting practices, and to build resilience against behaviours such as drug and alcohol misuse. The program is aimed at mothers, fathers, grandparents and carers of Koorie children.	18 hrs 3 hr sessions 6 sessions	Contractor – Victorian Aboriginal Child Care Agency (VACCA)	Aboriginal prisoners who are parents	Personal development

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Dardi Munwurro	<p>The Dardi Munwurro Program is a culturally specific men's behavioural change program with a focus on family violence, cultural identity, leadership, and the role of an Aboriginal man in the family setting</p> <p>This program gives Aboriginal prisoners an opportunity to debrief and discuss issues in a culturally safe and supportive environment</p>	<p>6 day program</p> <p>Run 2 days over 3 weeks</p>	External Delivery	Male Aboriginal prisoners	Skills Based/ Leadership Focus
Men's Yarning Circle	<p>The Aboriginal Men's Group Program is a support program for Aboriginal and Torres Strait Islander prisoners. The program functions as a yarning circle, providing prisoners with the opportunity to discuss issues that they are experiencing in a culturally safe and supportive environment. In addition to the group program, individual support may also be provided to prisoners within restricted regimes subject to prison management. The program facilitator is a respected Aboriginal community member who leads the discussion and facilitates the yarning circle, giving each participant the opportunity to talk about their issues, and seek feedback from the facilitator and the rest of the group.</p>	<p>2 hr sessions</p> <p>Rolling basis</p>	External Delivery	Male Aboriginal prisoners	Personal Development

5 Other Programs

Program Name	Description	Duration	Service Provision	Target Cohort	Program Type
Bridge Employment Support and Training (BEST)	<p>The <i>BEST</i> program is a community initiative specifically tailored to break the cycle of youth re-offending through the provision of support, training and employment opportunities for young offenders. The program includes:</p> <p>Health and wellness through the Healthy Choices program</p> <p>Education including certified skills training</p> <p>Employment through a supported employment program and mentoring</p>	<p>9 sessions + graduation 2 sessions per week</p> <p>Delivered over 5 weeks</p>	External Delivery	<p>Male offenders aged between 18 and 30 years</p> <p>Offenders with a relevant treatment and rehabilitation condition on their community Order</p>	Personal Development
Sexual Assault Counselling	Individual counselling available to women on remand and sentence	Determined on an individual basis.	Contractor – CASA	Women offenders who have been victims of sexual assault prior to imprisonment	Clinical Support
Out of the Dark	Women's Family Violence Program	<p>20 hrs 2 hr sessions 2 sessions per week</p> <p>Delivered over 5 weeks</p>	External Delivery	Women who have been victims of family violence prior to imprisonment	Personal Development
Street Soccer Program	The Street Soccer program provides the opportunity for prisoners to improve their physical and psychological well-being through structured sporting activities. The program offers the opportunity to build connections with mentors that can continue to support them post-release.	<p>2 hrs per week</p> <p>Delivered on rolling basis</p>	Contractor – The Big Issue	Self-referral, voluntary participation	Personal Development

6 Document information

Document details

Criteria	Details
TRIM ID:	CD/14/210892*
Document title:	Offending Behaviour Programs
Document owner:	Jenna Harrison

Document approval

This document requires the following approval:

Name	Title	Organisation
Shaymaa Elkadi	General Manager, Offending Behaviour Program Branch	Corrections Victoria

Audience

The audience for this document is for Corrections Victoria Stakeholders to inform them of the Offending Behaviour Program Branch suite of interventions.

Acronyms	Description
DJR	Department of Justice and Regulation
CV	Corrections Victoria
OBP	Offending Behaviour Programs
VIP	Violence Intervention Program
SVO	Serious Violent Offenders
GO	General Offenders

Terms	Description
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